

# Canvas

## General Info

Canvas is the primary learning management system used by instructors on campus. Through Canvas, you can access course syllabi, upload assignments, send messages to other users and see grade information. You can access Canvas through [one.ou.edu](https://one.ou.edu) or [canvas.ou.edu](https://canvas.ou.edu).

## Profile and Notifications

Students should configure their Canvas Profile and Notifications to control their personal information in Canvas. You can upload a picture, add additional contact information and create/manage ePortfolios for your course work. Setting Notifications allows students to add their preferred communication channels and control the frequency of course updates.

## Mobile App

Always on the go? Users can access Canvas on their mobile devices! Available for iOS and Android, the app can help students stay current with their courses, wherever they are. Visit the iTunes App Store or Google Play to download the app today!

## Need Help?

IT is here to support you! You can receive assistance with Canvas via:

- **Call:** 325-HELP (4357), option 3
- **Email:** via [canvas.ou.edu](https://canvas.ou.edu) homepage (once logged in, click the Help icon in the left-hand navigation bar)
- **Chat:** [canvas@ou.edu](mailto:canvas@ou.edu)
- **Self-Help:** [ou.edu/askit](https://ou.edu/askit)

